Newborn Blood Spot Requests: Information by State

General requirements for release of newborn blood spot (NBS) are: Child’s name, Child’s DOB, Hospital of birth, Mother’s name, reason for request, location to release specimen to, test to be run, and purpose of retesting the specimen (if applicable). Request must be submitted on official letterhead.

Alabama

**Length of Storage:** 3 months  
**Contacts:**  
Cindy Ashley, Newborn Screening Director, (334) 206-2971  
Rachel Montgomery, Newborn Screening Coordinator, (334) 206-5955  
Sharon Massingale, Laboratory Director, Bureau of Clinical Laboratories, (334) 260-3400  
Danita Rollin, NBS Laboratory Director, Bureau of Clinical Laboratories, (334) 260-3475  
Amy Strickland, Newborn Hearing Screening Coordinator, Department of Public Health, (334) 206-2944  
**Notes:** No returned phone calls from attempts to contact officials in Alabama. All information obtained from websites.

Alaska

**Length of Storage:** 3 years  
**Requirements to obtain NBS:** Submission of the request in writing. Parental consent in writing.  
**Contact:** Thalia Wood, Children’s Health Unit Manager, (907) 269-3499  
**Notes:** 1st year of storage is at Oregon State Public Health, next 2 years are at Alaska Public Health Lab

Arizona

**Length of Storage:** 90 days, if results are abnormal NBS may be kept longer in refrigerator  
**Requirements to obtain NBS:** Submission of the request in writing. Parental consent in writing.  
**Contact:** William Slanta, (602) 542-6128  
**Notes:** Request must be made on official letterhead.

Arkansas

**Length of Storage:** 3 to 6 months  
**Requirements to obtain NBS:** Submission of the request in writing. Parental consent in writing.  
**Contact:** Leslie Himstedt, (501) 661-2445

California

**Length of Storage:** Indefinitely  
**Requirements to obtain NBS:** Submission of consent form. The consent form can be found at:  
**Contact:** Leslie, (501) 412-1460

Colorado

**Length of Storage:** 6 months  
**Requirements to obtain NBS:** Signed consent form from parents. Send form to fax (303) 344-9989.  
**Contact:** Dan Right, (303) 692-3673  
**Notes:** Colorado also processes samples from Wyoming and Guam Memorial Hospital.

Connecticut

**Length of Storage:** 2 to 3 years  
**Requirements to obtain NBS:** Parents must sign release form  
**Contact:** Joseph Ubaike, Connecticut State Laboratory, (860) 509-8565
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Delaware
- **Length of Storage:** 3 years
- **Requirements to obtain NBS:** Parental consent. Specimen is released to parents only.
- **Contact:** Pat Scott (302) 223-1494

District of Columbia
- **Length of Storage:** 1 year
- **Contacts:**
  - Yvette Clinton-Reid, Medical Consultant, Perinatal and Infant Health Bureau, (202) 675-8080
  - Joseph Quashnock, Laboratory Director at Perkins Elmer, (412) 220-2300
  - Yvockeea Monteiro, NBS Follow-up Program, (202) 442-9158
  - Karen Watts, Bureau Chief, Perinatal and Infant Health, (202) 442-9405
- **Notes:** No returned phone calls from attempts to contact officials in the District of Columbia. All information obtained from websites.

Florida
- **Length of Storage:** 6 months
- **Requirements to obtain NBS:** Parental consent. Specimen sent to lab or medical examiner only.
- **Contact:** Bonafacio Dy, Acting Newborn Screening Director, Florida State Laboratory, (904) 971-1648

Georgia
- **Length of Storage:** 2 years plus current calendar year
- **Requirements to obtain NBS:** Submission of the request in writing. Parental consent in writing.
- **Contact:** Pam Clark, (404) 657-2862

Guam
- NBS testing in Guam is dependent on the birth facility.
  - **National contact:** Margarita Gay, Administrator, Bureau of Family Health and Nursing Services, (671) 735-7116
  - **Notes:** All information obtained from websites.

  **Guam Memorial Hospital**
  - **Length of Storage:** 6 months
  - **Notes:** Specimens tested and stored at Colorado Department of Public Health and Environment. 90% of births in Guam take place at Guam Memorial Hospital, however only those with health insurance receive screening.

  **Sagua Managu**
  - **Length of Storage:** 1 year
  - **Notes:** Specimens tested and stored at Oregon Public Health Laboratory

  **Naval Hospital**
  - **Length of Storage:** unknown
  - **Notes:** Specimens tested at Pediatrix, a commercial testing facility

Hawaii
- **Length of Storage:** 1 year
- **Requirements to obtain NBS:** Call to request release form.
- **Contacts:** Gwen Palmer, Program Coordinator, Hawaii Department of Health, (808) 733-9069
Newborn Blood Spot Requests: Information by State

Idaho

**Length of Storage:** 1 year

**Requirements to obtain NBS:** Signed release form from parent(s).

**Contacts:** Carol Christiansen (208) 334-4935

**Notes:** Specimens sent to Oregon Lab. Signed release form is sent directly to the Idaho state. Alternatively, the MD can call the Oregon lab to get BS released to hospital. Oregon Lab contact is Cheryl Hermerath, (503) 693-4712 or (503) 693-4174

Illinois

**Length of Storage:** Normal results: 2 months and 1 week. Abnormal results: 5 years

**Requirements to obtain NBS:** Submission of the request in writing. Parental consent in writing.

**Contacts:** Dr. Mike Petros, (312) 793-1053

**Notes:** Specimens are stored at room temperature. All requests for NBS are sent through legal department to get okay first.

Indiana

**Length of Storage:** 23 years

**Requirements to obtain NBS:** Currently no procedure for release.

**Contacts:** Courtney Eddy, (317) 233-9260

**Notes:** As of 11/29/2011, Indiana does not release NBS to other facilities. However, this policy may change in the future.

Iowa

**Length of Storage:** 5 years

**Requirements to obtain NBS:** Request for release signed by the requesting MD and child’s parents on official letterhead.

**Contacts:** Mike Ramirez, (515) 725-1630

**Notes:** The first year the NBS is stored at subzero temperatures, then after that at room temperature.

Kansas

**Length of Storage:** 1 month in freezer

**Requirements to obtain NBS:** Fax the request with the child’s information on official letterhead.

**Contacts:** Colleen Peterson, (785) 296-1650

**Notes:** Fax (785) 286-0978

Kentucky

**Length of Storage:** Normal: 6-8 weeks. Abnormal: Indefinitely.

**Requirements to obtain NBS:** Currently there is not formal procedure for release.

**Contacts:** Dr. Mayfield Gibson, (502) 564-4446 ext. 4400

Louisiana

**Length of Storage:** 1 month

**Requirements to obtain NBS:** Legal release signed by parents to send specimen to facility of choice.

**Contacts:** Terry Crockett (504) 219-4696
Newborn Blood Spot Requests: Information by State

Maine
Length of Storage: Indefinitely
Contacts: Ellie Mulchy, (207) 287-5351
Liz Plummer, (207) 287-5351
Notes: Specimens stored at -20. No returned phone calls from attempts to contact officials in Maine. All information obtained from websites.

Maryland
Length of Storage: Indefinitely
Requirements to obtain NBS: Submission of the request in writing. Parental consent in writing.
Contacts: Fizza Gulamali-Majid, PhD, (410) 767-6099
Notes: Samples are stored for 6 months in freezer and thereafter at room temperature

Massachusetts
Length of Storage: 22 years
Requirements to obtain NBS: Massachusetts has different forms depending on the test to be done. Please call to request the correct form.
Contacts: Dr. Roger Eaton, (617) 983-6300

Michigan
Length of Storage: Indefinitely
Requirements to obtain NBS: Michigan has specific protocol and release request forms. Please call to get forms.
Contacts: Harry Hawkins, (517) 335-8095
Notes: NBS from July 1984 to 2009 have been stored in an uncontrolled warehouse. All NBS collected after 2009 are frozen.

Minnesota
Length of Storage: Indefinitely
Requirements to obtain NBS: Submission of the request in writing. Parental consent in writing.
Contacts: Amy, (651) 201-5451
Notes: Requests can be faxed to (651) 201-5471. NBS are stored for 5 years in freezer, thereafter at room temp.

Mississippi
Length of Storage: Minimum 1 year.
Requirements to obtain NBS: Submission of the request in writing. Parental consent in writing.
Contacts: Philis Hoggatt (601) 576-7619
Notes: Fax requests to (601) 576-7498

Missouri
Length of Storage: 5 years
Requirements to obtain NBS: Parents must submit request in writing with patient’s info.
Contacts: Patrick Hopkins, (573) 751-2662
Notes: Requests can be faxed to (573) 522-8155. NBS will be sent to parent’s home.
Montana

Length of Storage: Normal: 1 year. Abnormal: Indefinitely
Requirements to obtain NBS: Submission of the request in writing. Parental consent in writing.
Contacts: Linda Beischel, (406) 444-0984

Nebraska

Length of Storage: 90 days
Requirements to obtain NBS: Submission of the request in writing. Parental consent in writing.
Contacts: Julie Luedtke, (402) 471-6733

Nevada

Length of Storage: 1 year
Contacts: Mary Pennington, Health Program Manager, Newborn Screening Program, (775) 684-3478
Andrea Esp, Bureau of Child, Family and Community Wellness, (775) 684-4272
Cheryl Hermerath, NBS Laboratory (Oregon State Lab), (503) 693-4174
Notes: No returned phone calls from attempts to contact officials in Nevada. All information obtained from websites. NBS are tested and stored at Oregon State Public Health Laboratory.

New Hampshire

Length of Storage: 6 months
Requirements to obtain NBS: Submission of the request in writing. Parental consent in writing.
Contacts: Marcia Lavochkin, (603) 271-4225
Notes: NBS stored at -20.

New Jersey

Length of Storage: 23 years
Requirements to obtain NBS: Submission of the request in writing. Parental consent in writing.
Contacts: Scott Shone, PhD, (609) 530-8361
Notes: NBS will be released only to a medical facility.

New Mexico

Length of Storage: 1 year
Requirements to obtain NBS: Parents must submit written request.
Contacts: Brenda Romero, (505) 476-8857
Notes: NBS will be released to the parents only.

New York

Length of Storage: 27 years
Requirements to obtain NBS: Submission of the request in writing. Parental consent in writing.
Contacts: Michele Caggana, (518) 473-3854
Notes: Fax (518) 486-2693

North Carolina

Length of Storage: 5 years
Requirements to obtain NBS: Submission of the request in writing. Parental consent in writing.
Contacts: Dr. Shu Chaing, (919) 807-8880
Notes: Fax (919) 715-8610
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North Dakota

**Length of Storage:** Indefinitely  
**Requirements to obtain NBS:** Submission of the request in writing. Parental consent in writing.  
**Contacts:** Barbara Schweitzer, (701) 328-4538  
**Notes:**

Ohio

**Length of Storage:** Minimum 2 years  
**Requirements to obtain NBS:** Submission of the request in writing. Parental consent in writing.  
**Contacts:** Sharon Linard (614) 644-4659  
**Notes:** Fax (614) 644-4648. Request must include patient information, testing to be completed, and amount of blood needed in the punch size. Request must state the Ohio Health Department in not financially responsible for the testing in any way. Request must be on hospital letterhead and include MD's signature. After testing, Ohio would like the results of the test run.

Oklahoma

**Length of Storage:** 42 days  
**Requirements to obtain NBS:** Submission of the request in writing. Parental consent in writing.  
**Contacts:** Lisa, (405) 271-6617  
**Notes:** NBS stored at room temperature. Request must include why the NBS is needed.

Oregon

**Length of Storage:** 1 year  
**Requirements to obtain NBS:** Submission of the request in writing. Parental consent in writing.  
**Contacts:** Cheryl Hermerath, (503) 693-4172  
**Notes:** fax (503) 693-5601

Pennsylvania

**Length of Storage:** 8 months  
**Requirements to obtain NBS:** Signed HIPAA release form.  
**Contacts:** Carolyn Ellison, (717) 783-8143

Puerto Rico

**Length of Storage:** 2 years  
**Requirements to obtain NBS:** Written request stating the use of the NBS.  
**Contacts:** P.J. Santiago Borrero (787) 777-3535 ext. 7014  
**Notes:** After 2 years, a random 10% of the NBS are kept.

Rhode Island

**Length of Storage:** 23 years  
**Requirements to obtain NBS:** Submission of the request in writing. Parental consent in writing.  
**Contacts:** Barbara McNeilly, (401) 222-4640  
Chrisolee Larose, (401) 222-5950  
Khristine Campagna, (401) 222-5927
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South Carolina
Length of Storage: 6 months
Requirements to obtain NBS: Submission of the request in writing. Parental consent in writing.
Contacts: Kathy Tomashitis, (803) 898-0619

South Dakota
Length of Storage: 1 month
Requirements to obtain NBS: Currently no formal procedure for release.
Contacts: Lucy Fossen, (605) 773-3361

Tennessee
Requirements to obtain NBS: Submission of the request in writing. Parental consent in writing.
Contacts: Chris McKeever, (615) 262-6352
Notes: Fax (615) 262-6447

Texas
Length of Storage: 2 years, unless parents indicated on a release form saying they would like the specimen to be stored up to 25 years. NBS collected before June 1, 2012 maybe stored for up to 25 years.
Requirements to obtain NBS: Contact Lynette for consent form. If unable to contact, the MD needs to submit the request in writing on letterhead with specific purpose of the release, indication that the person signing has the authority to request the sample and the signature of the mother.
Contacts: Lynette Borgfeld, (512) 776-7111, ext 2471

US Virgin Islands
Length of Storage: 1 year
Contacts: LaVerne Ragster, PhD, University of the Virgin Islands, (340) 693-1000
Darlene Carty, US Virgin Islands Department of Health, (340) 773-1311
C. Patricia Penn, Assistant Director, MCH and CSHCN Program, (340) 776-3580
Mavis Matthew, Director, MCH and CSHCN Program, (340) 713-9924 or (340) 713-9925
Notes: No returned phone calls from attempts to contact officials in the US Virgin Islands. All information obtained from websites.

Utah
Length of Storage: 90 days
Requirements to obtain NBS: Utah has specific protocol and release forms. Contact Kimberly Hart to obtain.
Contacts: Kimberly Hart (801) 584-8256, email kimhart@utah.gov

Vermont
Length of Storage: 6 months
Requirements to obtain NBS: Email a parental release form.
Contacts: Cindy Ingham, (802) 951-5180
Newborn Blood Spot Requests: Information by State

Virginia

**Length of Storage:** Normal: 6 months. Abnormal: 10 years.
*Requirements to obtain NBS:* Submission of the request in writing. Parental consent in writing.
*Contacts:* Thomas Hickey, (804) 648-4480, ext. 170

Washington

**Length of Storage:** 21 years
*Requirements to obtain NBS:* Consent form signed by both parents. Form found at: [http://doh.wa.gov/NBS](http://doh.wa.gov/NBS)
*Contacts:* Catherine Riley, (206) 418-5508
*Notes:* Fax (206) 418-5415

West Virginia

**Length of Storage:** 3 months
*Requirements to obtain NBS:* Submission of the request in writing. Parental consent in writing.
*Contacts:* Kristel Fijolek (304) 558-3530, ext. 2501

Wisconsin

**Length of Storage:** 1 year
*Requirements to obtain NBS:* Submission of the request in writing on hospital letterhead. Parental consent in writing.
*Contacts:* Gary Hoffman, (608) 262-4692
*Notes:* Fax (608) 262-5494

Wyoming

**Length of Storage:** 6 months
*Requirements to obtain NBS:* Submission of the request in writing. Parental consent in writing.
*Contacts:* Carleigh Soule, (367) 777-6297
*Notes:* NBS stored at Colorado state lab. Consent forms need to be fax directly to lab at (303) 344-9989.