

## Newborn Blood Spot Requests: Information by State

General requirements for release of newborn blood spot (NBS) are: Child's name, Child's DOB, Hospital of birth, Mother's name, reason for request, location to release specimen to, test to be run, and purpose of retesting the specimen (if applicable). Request must be submitted on official letterhead.

### Alabama

**Length of Storage:** 3 months

**Contacts:**

Cindy Ashley, Newborn Screening Director, (334) 206- 2971

Rachel Montgomery, Newborn Screening Coordinator, (334) 206-5955

Sharon Massingale, Laboratory Director, Bureau of Clinical Laboratories, (334) 260-3400

Danita Rollin, NBS Laboratory Director, Bureau of Clinical Laboratories, (334) 260-3475

Amy Strickland, Newborn Hearing Screening Coordinator, Department of Public Health, (334) 206-2944

**Notes:** No returned phone calls from attempts to contact officials in Alabama. All information obtained from websites.

### Alaska

**Length of Storage:** 3 years

**Requirements to obtain NBS:** Submission of the request in writing. Parental consent in writing.

**Contact:** Thalia Wood, Children's Health Unit Manager, (907) 269-3499

**Notes:** 1<sup>st</sup> year of storage is at Oregon State Public Health, next 2 years are at Alaska Public Health Lab

### Arizona

**Length of Storage:** 90 days, if results are abnormal NBS may be kept longer in refrigerator

**Requirements to obtain NBS:** Submission of the request in writing. Parental consent in writing.

**Contact:** William Slanta, (602) 542-6128

**Notes:** Request must be made on official letterhead.

### Arkansas

**Length of Storage:** 3 to 6 months

**Requirements to obtain NBS:** Submission of the request in writing. Parental consent in writing.

**Contact:** Leslie Himstedt, (501) 661-2445

### California

**Length of Storage:** Indefinitely

**Requirements to obtain NBS:** Submission of consent form. The consent form can be found at:

<http://www.cdph.ca.gov/programs/nbs/Documents/NBS-ConsentforDriedBlood-Nov2011.pdf>

**Contact:** Leslie, (501) 412-1460

### Colorado

**Length of Storage:** 6 months

**Requirements to obtain NBS:** Signed consent form from parents. Send form to fax (303) 344-9989.

**Contact:** Dan Right, (303) 692-3673

**Notes:** Colorado also processes samples from Wyoming and Guam Memorial Hospital.

### Connecticut

**Length of Storage:** 2 to 3 years

**Requirements to obtain NBS:** Parents must sign release form

**Contact:** Joseph Ubaiké, Connecticut State Laboratory, (860) 509-8565

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### Delaware

**Length of Storage:** 3 years

**Requirements to obtain NBS:** Parental consent. Specimen is released to parents only.

**Contact:** Pat Scott (302) 223-1494

### District of Columbia

**Length of Storage:** 1 year

**Contacts:**

Yvette Clinton- Reid, Medical Consultant, Perinatal and Infant Health Bureau, (202) 675-8080

Joseph Quashnock, Laboratory Director at Perkins Elmer, (412) 220-2300

Yvockeea Monteiro, NBS Follow-up Program, (202) 442-9158

Karen Watts, Bureau Chief, Perinatal and Infant Health, (202) 442-9405

**Notes:** No returned phone calls from attempts to contact officials in the District of Columbia. All information obtained from websites.

### Florida

**Length of Storage:** 6 months

**Requirements to obtain NBS:** Parental consent. Specimen sent to lab or medical examiner only.

**Contact:** Bonafacio Dy, Acting Newborn Screening Director, Florida State Laboratory, (904) 971-1648

### Georgia

**Length of Storage:** 2 years plus current calendar year

**Requirements to obtain NBS:** Submission of the request in writing. Parental consent in writing.

**Contact:** Pam Clark, (404) 657-2862

### Guam

-NBS testing in Guam is dependent on the birth facility.

**National contact:** Margarita Gay, Administrator, Bureau of Family Health and Nursing Services, (671) 735-7116

**Notes:** All information obtained from websites.

**Guam Memorial Hospital**

**Length of Storage:** 6 months

**Notes:** Specimens tested and stored at Colorado Department of Public Health and Environment. 90% of births in Guam take place at Guam Memorial Hospital, however only those with health insurance receive screening.

**Sagua Managu**

**Length of Storage:** 1 year

**Notes:** Specimens tested and stored at Oregon Public Health Laboratory

**Naval Hospital**

**Length of Storage:** unknown

**Notes:** Specimens tested at Pediatrix, a commercial testing facility

### Hawaii

**Length of Storage:** 1 year

**Requirements to obtain NBS:** Call to request release form.

**Contacts:** Gwen Palmer, Program Coordinator, Hawaii Department of Health, (808) 733-9069

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### Idaho

**Length of Storage:** 1 year

**Requirements to obtain NBS:** Signed release form from parent(s).

**Contacts:** Carol Christiansen (208) 334-4935

**Notes:** Specimens sent to Oregon Lab. Signed release form is sent directly to the Idaho state.

Alternatively, the MD can call the Oregon lab to get BS released to hospital. Oregon Lab contact is Cheryl Hermerath, (503) 693-4712 or (503) 693-4174

### Illinois

**Length of Storage:** Normal results: 2 months and 1 week. Abnormal results: 5 years

**Requirements to obtain NBS:** Submission of the request in writing. Parental consent in writing.

**Contacts:** Dr. Mike Petros, (312) 793-1053

**Notes:** Specimens are stored at room temperature. All requests for NBS are sent through legal department to get okay first.

### Indiana

**Length of Storage:** 23 years

**Requirements to obtain NBS:** Currently no procedure for release.

**Contacts:** Courtney Eddy, (317) 233-9260

**Notes:** As of 11/29/2011, Indiana does not release NBS to other facilities. However, this policy may change in the future.

### Iowa

**Length of Storage:** 5 years

**Requirements to obtain NBS:** Request for release signed by the requesting MD and child's parents on official letterhead.

**Contacts:** Mike Ramirez, (515) 725-1630

**Notes:** The first year the NBS is stored at subzero temperatures, then after that at room temperature.

### Kansas

**Length of Storage:** 1 month in freezer

**Requirements to obtain NBS:** Fax the request with the child's information on official letterhead.

**Contacts:** Colleen Peterson, (785) 296-1650

**Notes:** Fax (785) 286-0978

### Kentucky

**Length of Storage:** Normal: 6-8 weeks. Abnormal: Indefinitely.

**Requirements to obtain NBS:** Currently there is not formal procedure for release.

**Contacts:** Dr. Mayfield Gibson, (502) 564-4446 ext. 4400

### Louisiana

**Length of Storage:** 1 month

**Requirements to obtain NBS:** Legal release signed by parents to send specimen to facility of choice.

**Contacts:** Terry Crockett (504) 219-4696

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### Maine

**Length of Storage:** Indefinitely

**Contacts:** Ellie Mulchy, (207) 287-5351  
Liz Plummer, (207) 287-5351

**Notes:** Specimens stored at -20. No returned phone calls from attempts to contact officials in Maine. All information obtained from websites.

### Maryland

**Length of Storage:** Indefinitely

**Requirements to obtain NBS:** Submission of the request in writing. Parental consent in writing.

**Contacts:** Fizza Gulamali-Majid, PhD, (410) 767-6099

**Notes:** Samples are stored for 6 months in freezer and there after at room temperature

### Massachusetts

**Length of Storage:** 22 years

**Requirements to obtain NBS:** Massachusetts has different forms depending on the test to be done. Please call to request the correct form.

**Contacts:** Dr. Roger Eaton, (617) 983-6300

### Michigan

**Length of Storage:** Indefinitely

**Requirements to obtain NBS:** Michigan has specific protocol and release request forms. Please call to get forms.

**Contacts:** Harry Hawkins, (517) 335-8095

**Notes:** NBS from July 1984 to 2009 have been stored in an uncontrolled warehouse. All NBS collected after 2009 are frozen.

### Minnesota

**Length of Storage:** Indefinitely

**Requirements to obtain NBS:** Submission of the request in writing. Parental consent in writing.

**Contacts:** Amy, (651) 201-5451

**Notes:** Requests can be faxed to (651) 201-5471. NBS are stored for 5 years in freezer, there after at room temp.

### Mississippi

**Length of Storage:** Minimum 1 year.

**Requirements to obtain NBS:** Submission of the request in writing. Parental consent in writing.

**Contacts:** Philis Hoggatt (601) 576-7619

**Notes:** Fax requests to (601) 576-7498

### Missouri

**Length of Storage:** 5 years

**Requirements to obtain NBS:** Parents must submit request in writing with patient's info.

**Contacts:** Patrick Hopkins, (573) 751-2662

**Notes:** Requests can be faxed to (573) 522-8155. NBS will be sent to parent's home.

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### Montana

**Length of Storage:** Normal: 1 year. Abnormal: Indefinitely

**Requirements to obtain NBS:** Submission of the request in writing. Parental consent in writing.

**Contacts:** Linda Beischel, (406) 444-0984

### Nebraska

**Length of Storage:** 90 days

**Requirements to obtain NBS:** Submission of the request in writing. Parental consent in writing.

**Contacts:** Julie Luedtke, (402) 471-6733

### Nevada

**Length of Storage:** 1 year

**Contacts:** Mary Pennington, Health Program Manager, Newborn Screening Program, (775) 684-3478

Andrea Esp, Bureau of Child, Family and Community Wellness, (775) 684-4272

Cheryl Hermerath, NBS Laboratory (Oregon State Lab), (503) 693-4174

**Notes:** No returned phone calls from attempts to contact officials in Nevada. All information obtained from websites. NBS are tested and stored at Oregon State Public Health Laboratory.

### New Hampshire

**Length of Storage:** 6 months

**Requirements to obtain NBS:** Submission of the request in writing. Parental consent in writing.

**Contacts:** Marcia Lavochkin, (603) 271-4225

**Notes:** NBS stored at -20.

### New Jersey

**Length of Storage:** 23 years

**Requirements to obtain NBS:** Submission of the request in writing. Parental consent in writing.

**Contacts:** Scott Shone, PhD, (609) 530-8361

**Notes:** NBS will be released only to a medical facility.

### New Mexico

**Length of Storage:** 1 year

**Requirements to obtain NBS:** Parents must submit written request.

**Contacts:** Brenda Romero, (505) 476-8857

**Notes:** NBS will be released to the parents only.

### New York

**Length of Storage:** 27 years

**Requirements to obtain NBS:** Submission of the request in writing. Parental consent in writing.

**Contacts:** Michele Caggana, (518) 473-3854

**Notes:** Fax (518) 486-2693

### North Carolina

**Length of Storage:** 5 years

**Requirements to obtain NBS:** Submission of the request in writing. Parental consent in writing.

**Contacts:** Dr. Shu Chaing, (919) 807-8880

**Notes:** Fax (919) 715-8610

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### North Dakota

**Length of Storage:** 18 years then destroyed

**Requirements to obtain NBS:** Parents can submit a request to have the blood spot card returned to them <https://nbs.health.nd.gov/materials-resources/brochure/refusalform/>

**Contacts:** Amy Burke 701.328.2784

**Notes:**

### Ohio

**Length of Storage:** Minimum 2 years

**Requirements to obtain NBS:** Submission of the request in writing. Parental consent in writing.

**Contacts:** Sharon Linard (614) 644-4659

**Notes:** Fax (614) 644-4648. Request must include patient information, testing to be completed, and amount of blood needed in the punch size. Request must state the Ohio Health Department is not financially responsible for the testing in any way. Request must be on hospital letterhead and include MD's signature. After testing, Ohio would like the results of the test run.

### Oklahoma

**Length of Storage:** 42 days

**Requirements to obtain NBS:** Submission of the request in writing. Parental consent in writing.

**Contacts:** Lisa, (405) 271-6617

**Notes:** NBS stored at room temperature. Request must include why the NBS is needed.

### Oregon

**Length of Storage:** 1 year

**Requirements to obtain NBS:** Submission of the request in writing. Parental consent in writing.

**Contacts:** Cheryl Hermerath, (503) 693-4172

**Notes:** fax (503) 693-5601

### Pennsylvania

**Length of Storage:** 8 months

**Requirements to obtain NBS:** Signed HIPAA release form.

**Contacts:** Carolyn Ellison, (717) 783-8143

### Puerto Rico

**Length of Storage:** 2 years

**Requirements to obtain NBS:** Written request stating the use of the NBS.

**Contacts:** P.J. Santiago Borrero (787) 777-3535 ext. 7014

**Notes:** After 2 years, a random 10% of the NBS are kept.

### Rhode Island

**Length of Storage:** 23 years

**Requirements to obtain NBS:** Submission of the request in writing. Parental consent in writing.

**Contacts:** Barbara McNeilly, (401) 222-4640

Chrisolee Larose, (401) 222-5950

Khristine Campagna, (401) 222-5927

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### South Carolina

**Length of Storage:** 6 months

**Requirements to obtain NBS:** Submission of the request in writing. Parental consent in writing.

**Contacts:** Kathy Tomashitis, (803) 898-0619

### South Dakota

**Length of Storage:** 1 month

**Requirements to obtain NBS:** Currently no formal procedure for release.

**Contacts:** Lucy Fossen, (605) 773-3361

### Tennessee

**Length of Storage:** Normal NBS: 12 months. Abnormal: Indefinitely.

**Requirements to obtain NBS:** Submission of the request in writing. Parental consent in writing.

**Contacts:** Chris McKeever, (615) 262-6352

**Notes:** Fax (615) 262-6447

### Texas

**Length of Storage:** 2 years, unless parents indicated on a release form saying they would like the specimen to be stored up to 25 years. NBS collected before June 1, 2012 maybe stored for up to 25 years.

**Requirements to obtain NBS:** Contact Lynette for consent form. If unable to contact, the MD needs to submit the request in writing on letterhead with specific purpose of the release, indication that the person signing has the authority to request the sample and the signature of the mother.

**Contacts:** Lynette Borgfeld, (512) 776-7111, ext 2471

### US Virgin Islands

**Length of Storage:** 1 year

**Contacts:** LaVerne Ragster, PhD, University of the Virgin Islands, (340) 693-1000

Darlene Carty, US Virgin Islands Department of Health, (340) 773-1311

C. Patricia Penn, Assistant Director, MCH and CSHCN Program, (340) 776-3580

Mavis Matthew, Director, MCH and CSHCN Program, (340) 713-9924 or (340) 713-9925

**Notes:** No returned phone calls from attempts to contact officials in the US Virgin Islands. All information obtained from websites.

### Utah

**Length of Storage:** 90 days

**Requirements to obtain NBS:** Utah has specific protocol and release forms. Contact Kimberly Hart to obtain.

**Contacts:** Kimberly Hart (801) 584-8256, email kimhart@utah.gov

### Vermont

**Length of Storage:** 6 months

**Requirements to obtain NBS:** Email a parental release form.

**Contacts:** Cindy Ingham, (802) 951-5180

## Newborn Blood Spot Requests: Information by State

### Virginia

**Length of Storage:** Normal: 6 months. Abnormal: 10 years.

**Requirements to obtain NBS:** Submission of the request in writing. Parental consent in writing.

**Contacts:** Thomas Hickey, (804) 648-4480, ext. 170

### Washington

**Length of Storage:** 21 years

**Requirements to obtain NBS:** Consent form signed by both parents. Form found at:

<http://doh.wa.gov/NBS>

**Contacts:** Catherine Riley, (206) 418-5508

**Notes:** Fax (206) 418-5415

### West Virginia

**Length of Storage:** 3 months

**Requirements to obtain NBS:** Submission of the request in writing. Parental consent in writing.

**Contacts:** Kristel Fijolek (304) 558-3530, ext. 2501

### Wisconsin

**Length of Storage:** 1 year

**Requirements to obtain NBS:** Submission of the request in writing on hospital letterhead. Parental consent in writing.

**Contacts:** Gary Hoffman, (608) 262-4692

**Notes:** Fax (608) 262-5494

### Wyoming

**Length of Storage:** 6 months

**Requirements to obtain NBS:** Submission of the request in writing. Parental consent in writing.

**Contacts:** Carleigh Soule, (367) 777-6297

**Notes:** NBS stored at Colorado state lab. Consent forms need to be fax directly to lab at (303) 344-9989.